

1st Keto Live E-Learning-Conference from Burghausen Bavaria



Ketogenic Metabolic Therapies

**Escape Route from the
COVID-19 Risk Group**





Welcome to our new E-Learning-Conference World

COVID-19 hit again!

Due to the new COVID-19 travel and meeting restrictions, we have been forced to cancel the European Keto Live Conference 2020 in Burghausen Bavaria
"Ketogenic Metabolic Therapies - Escape Route from the COVID-19 Risk Group"

We believe in the multiple benefits of live Events - while it seems easy to attend a 3-day Conference, meeting people, new and old friends exchanging ideas and news - it is almost impossible to follow all lectures at a 3-day Live-stream Conference.

We decided to change the lost opportunity to meet and connect into a chance to watch, learn and collect CME/CPD Credits at your own pace and created the

1st Keto Live E-Learning-Conference 2021/2022

Certified as Continuous Medical Education by the Bavarian State Chamber of Physicians BLÄK

50 CME Credits for Part I – Conference Language English
22 CME Credits for Part II – Conference Language German

Collectable by physicians in Germany, Austria, Switzerland, the USA and Canada

Like with every Conference there are changes in the program – sadly some of our speakers from the European Keto Live Conference 2020 decided not to take part in the new format.

The good news - in using E-Learning - we are no longer bound to time or travel restrictions which enabled us to ask for additional lectures by our Advisory Board Members outside of Europe. We are therefore very proud to announce that

2021 – in honouring and celebrating the 100th Birthday of Ketogenic Metabolic Therapies

Jim Abrahams contributed his compelling review of „the history of how his family found the ketogenic diet, its effect on his son, the mission of the Charlie Foundation and the new applications that have emerged“ and we are celebrating Keto with his film “Fist do no Harm” and in Part II with the German version “Weil es noch Hoffnung gibt”. Beth Zupec-Kania will lecture about „the variations in ketogenic diet therapies and the different applications based on the degree of scientific medical evidence“.

Prof Thomas Seyfried permitted us to share his lectures from our founding Conference 2019 in Bergün Switzerland on „Cancer as a Metabolic Disease“ and „Press-Pulse a novel therapeutic strategy for the metabolic treatment of Cancer“ and Dr Gorgia Ede her lecture on „Understanding Food and the Brain: Nutritional Psychiatry offers new Treatment Options for Mental Health Disorders.“

Dorian Greenow will provide us with new insides on how measuring Glucose and Ketones could help patients and their physicians in their fight against NCD.

For Part II – the German part of the Conference - Prof. Dr Helene von Bibra one of the pioneers in the science of Insulin Resistance and Heart Disease agreed to contribute her knowledge. Patricia Daly kindly gave her lecture in two languages – and Dr Sofia Deloudi translated and spoke Beth Zupec-Kania’s lecture starting our project to translate Keto knowledge in hopefully many different languages.

Everyone who previously booked a Live on-site ticket will automatically receive the Invitation/Link for the 1st Keto Live E-Learning-Conference.

For any questions please call +49 151 25 25 0 100 or connect via E-Mail ketoliveproject@gmail.com
Looking forward to staying in touch!

Kind Regards

Burghausen February 2021



Keto Live Project proudly presents

Ketogenic Metabolic Therapies

Escape Route from the COVID-19 Risk Group

1st Keto Live E-Learning Conference
from Burghausen, Germany
about the power of food and Ketogenic Metabolic Therapies as a medical tool

Conference Program

January 2021

Part I – English – 50 CME Credits

E-Learning Module 1 - Introduction - The European Keto Live Centre

PStS Stephan Mayer, MdB Germany
Parliamentary state secretary to the federal minister of the interior – Welcome Speech
"The Elephant in the Room and the European Keto Live Centre"

1.1. Panel with Advisory Board Members of the European Keto Live Centre
Dr John Schoonbee MD, Swiss RE, CH, Ivor Cummins BE(Chem), CEng MIEI, Ireland,
Dr Adrian Stoto Mota MD, PhD Oxford University UK, Public Hospital Mexico City and
Prof Dr Marcus Säemann MD, Wihelminen Spital Vienna, Austria

1.2 Dr Tatiana Zarubina PhD, Russia, Switzerland - IP Global Solutions
„The European Keto Live Centre“
Introducing some of our Advisory Board Members & Ketogenic Metabolic Therapies
Prof Thomas Seyfried, United States of America - Boston College
Dr Georgia Ede MD, United States of America - Diagnosis Diet
Patricia Daly BA Hons, dipNT, mBANT, rCNHC, Switzerland, Ireland
Dr Ian Lake MD, United Kingdom - Type 1 Keto
Dr Peter Voshol PhD, Netherlands - Louis Bolk Institute
Dr Ana Jacob MD, Romania, Switzerland - Psychiatric Department - Valais Hospital
Beth Zupec-Kania RDN, CD, United States of America – for The Charlie Foundation and
Jim Abrahams, United States of America with
„A compelling review of the history of how his family found the ketogenic diet, its effect on
his son, the mission of the Charlie Foundation and the new applications that have emerged“

1.3 Celebrating Keto's 100th Birthday with „First do no Harm“ by the Charlie Foundation
Docudrama starring Meryl Streep, Fred Ward, Seth Adkins - directed by Jim Abrahams

E-Learning Module 2- Flatten the NCD Curve to Face Future Viral Attacks

2.1 Prof Dr Thorsten Cramer MD, Germany
„Interdisciplinary Keto Consultation Hours
at the University-Hospital RWTH Aachen“

2.2 Ivor Cummins, BE(Chem), CEng MIEI, Ireland,
„Hyperinsulinemia & Insulin Resistance Forming a Nexus of Modern Chronic Disease“

2.3 Ivor Cummins BE(Chem), CEng MIEI, Ireland
“Vitamin D to Prevent Lockdowns and Breakdowns of
our Economy and Healthcare Systems“



E-Learning Module 3 - Insulin Resistance - Heart & CVD

- 3.1 Gabor Erdosi, Hungary
„Metabolic Profiling for Early Identification of Health Decline“ Meterbolic Project
- 3.2 Dr Amy McKenzie PhD, United States of America, Germany
“High-Risk Atherosclerosis and Metabolic Phenotype“
Virta Health
- 3.3 Ivor Cummins BE(Chem), CEng MIEI, Ireland
„Don´t wait till it´s too late!“ Understanding the Coronary Artery Calcium Score (CAC)
- 3.4 Bonus: “The Widowmaker” / Documentary by the Irish Heart Disease Awareness

E-Learning Module 4 – Cancer

- 4.1 Patricia Daly BA Hons, dipNT, mBANT, rCNHC, Schweiz, Irland
„Ketogenic Metabolic Therapies in Cancer Treatment“
The British Association for Nutrition and Lifestyle Medicine
- 4.2 Prof Thomas Seyfried, United States of America
„Cancer as a Metabolic Disease“
Boston College
- 4.3 Prof Thomas Seyfried - United States of America
„Press - Pulse a Novel Therapeutic Strategy for the Metabolic Treatment of Cancer“
Boston College

E-Learning Module 5 - Diabetes

- 5.1 Dr Ian Lake MD, United Kingdom
"Rethinking Nutrition in Type 1 Diabetes - zerofive100 Project"
Type 1 Keto
- 5.2 Dr Peter Voshol PhD, Netherlands
„The Dutch Miracle - Reverse Diabetes 2 Now“
Louis Bolk Institute
- 5.3 Prof Dr Marcus Säemann MD, Austria
„Diabetes and the Kidney: New Frontiers“
Medical Department of Nephrology & Dialysis, Wilhelminenspital, Vienna

E-Learning Module 6 - Neurology - Psychiatry

- 6.1 Dr Adrian Soto Mota MD, PhD, Mexico, United Kingdom
„The Type 3 Diabetes Hypothesis“
Public Hospital Mexico City, University of Oxford
- 6.2 Dr Georgia Ede MD, United States of America
“Understanding Food and the Brain - Nutritional Psychiatry
offers new Treatment Options for Mental Health Disorders”
- 6.3 Dr Eline Dekeyster PhD, Belgium, Netherlands
“We can change the future, let's start today!”
How metabolic interventions can improve our neurological health”
Obtained her PhD at the Research Group Neural Circuit Development
and Regeneration, KU Leuven



E-Learning Module 7 - Tools to regain Metabolic Health

7.1 Beth Zupec-Kania, RDN, CD – Consultant, USA
About the variations in Ketogenic Diet Therapies and the different applications based on the degree of scientific medical evidence
The Charlie Foundation

7.2 Dorian Greenow, UK, United States of America,
“Empowering the Patient & Giving Doctors the Tools for Success”
Keto Mojo

17.3 HDA - Irish Heart Disease Awareness - Donal O’Neill
„Extra Time - Know Your Score“ / Documentary

Part II – German – 22 CME Credits

Ketogene Metabolische Therapien - Fluchtweg aus der COVID-19 Risiko Gruppe

E-Learning Module 1 – Einführung EKLC & Ketogene Ernährung

1.1 Dr. jur. Susanne Zimmer Interview mit Josephine Barbarino
“Ketogene Ernährung im Kampf gegen NCD”- European Keto Live Centre -
Information & Training Centre - Association for Ketogenic Metabolic Therapies

1.1 Prof. Dr. Helene von Bibra & Josephine Barbarino
Interview - „Die Pandemie über der Pandemie“
Insulin Resistenz - gibt es einen Fluchtweg aus der COVID-19 Risiko Gruppe?

1.2 Dr. med. Jürg Kuoni, Schweiz - heartcheck.ch
„Was lernen unsere Ärzte über die Kraft der Ernährung -
Können wir Type 2 Diabetes vorbeugen oder gar in Remission bringen?“

1.3 2021 - 100 Jahre Ketogene Metabolische Therapien - „Solange es noch Hoffnung gibt“
mit Meryl Streep, Fred Ward, Seth Adkins, Regie Jim Abrahams The Charlie Foundation

E-Learning Module 2 - Ernährung - Insulin Resistenz & die Folgen

2.1 Prof. Dr. med. Helene von Bibra - Mind Carb
“Herzinsuffizienz (HFpEF) und Ihre Determinante Insulin Resistenz“

2.2 Irish Heart Disease Awareness IHDA „The Widower“ - Dokumentation (deutsche UT)

2.3 Anita Kunz, Nutrition Network Health Coach, Schweiz – heartcheck.ch
„Ran an den Speck? Gesund, köstlich und dauerhaft Gewicht verlieren!“

E-Learning Module 3 - Krebs - Psychiatrie & Neurologie

3.3 Patricia Daly BA Hons, dipNT, mBANT, rCNHC, Schweiz, Irland
„Ketogene Ernährung bei Krebs“
The British Association for Nutrition and Lifestyle Medicine

3.2 Dr. med Zvonko Mir, Kroatien, Schweiz
„Ketogene Metabolische Therapien in meiner Neurologischen & Psychiatrischen Praxis“

3.3 Beth Zupec-Kania, RDN, CD - Consultant, USA
Die Varianten Ketogener Metabolischer Therapien und die Anwendungen basierend
auf dem Grad der wissenschaftlichen medizinischen Evidenz - The Charlie Foundation



More Information & Registration at www.keto-live.com

The Conference is brought to you by

Keto Live Project e.V.
The European Keto Live Centre
Information and Training Centre - Association for Ketogenic Metabolic Therapies

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B. Braun-Stiftung Germany,
<https://www.bbraun-stiftung.de/de.html>

Keto Mojo USA
[https:// keto-mojo.com](https://keto-mojo.com)

Pro Pilates Zürich Switzerland
<https://www.jrpropilates.ch/>